



**TOPIC:** FALL PROTECTION

**PRESENTED BY:**

**DATE:**

**DURATION:**

## PURPOSE

Help prevent serious injuries and fatalities by properly using, inspecting, and understanding fall protection equipment.

## KEY POINTS

- When fall protection is required at this facility.
- Importance of being trained and authorized before using fall protection equipment.
- Difference between a fall arrest system and a retrieval (rescue) device.
- Understanding that falls can result in serious injury or death if protection is not used correctly.

## COMMON HAZARDS

- Working near edges, roof openings, platforms, or unprotected sides.
- Improper or unapproved anchor points.
- Damaged or worn harnesses, lanyards, or connectors.
- Delays in rescuing a worker after a fall, which can lead to suspension trauma.

## SAFE PRACTICES & PROCEDURES

- Inspect fall protection equipment before each use for cuts, frays, damaged stitching, or bent hardware.
- Follow company inspection schedules for fall arrest devices.
- Use a fall arrest system whenever there is a risk of falling from height.
- Understand that a retrieval device can sometimes serve as a fall arrest connection if designed for that purpose, but a fall arrest device cannot be used as a rescue system.
- Know the site rescue procedure and how to report a fall immediately.



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